

SOCIETY

THE MAIN THING IS TO BE HEALTHY!

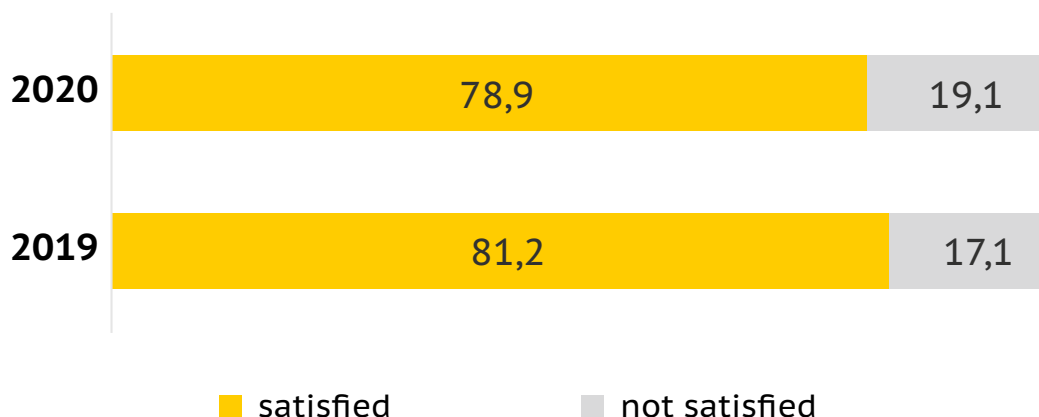
The Kazakhstan Institute for Strategic Studies under the President of Kazakhstan presents the results of a survey on how Kazakhstanis assess their health status.

The world celebrates World Health Day every year on April 7, the founding day of the World Health Organization (WHO). This day allows us to remember the importance of mental and physical health, as well as the need for its timely prevention.

The coronavirus pandemic began more than a year ago, affecting the entire world and citizens of almost all countries. Therefore, today, more than ever, everyone has felt the importance of human health.

Let's take a look at and compare sociological survey data on what Kazakhstanis thought of their health before the pandemic in 2019 and after everyone survived the coronavirus quarantine restrictions - in 2020.

A significant proportion of respondents in the survey responded that they **were satisfied with their health status. At the same time, the share of such respondents in 2019 was 81.2%. In November 2020, the proportion of respondents satisfied with their health remained significantly high**, but it was slightly lower than in 2019 - **78.9%**.



Pic. 1. How satisfied are you with your health status? (in %)

Research methodology:

The survey method is an interview of a respondent at the place of residence using a route quota selection.

Selection – 2000 respondents aged 18 and over in 58 settlements of urban and rural areas in 14 regions and 3 cities of republican significance.

The statistical error does not exceed 3.5%.

Duration – May 2019 and November 2020.